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Val is responsible for the Human Resources department that includes labor and employee relations, compliance, and benefits at Winco Foods. She is a member of the Society for Human Resource Management and the Human Resource Association of the Treasure Valley. Val also acted as a mentor for Boise Young Professionals.

Val Davis received her B.S. in Business Marketing from the University of Idaho and her MBA from Boise State University in 2012 through the Executive MBA Program.